



Dr.Ratka Mira Popovic, DACM
www.nectarhealth.net/ 510-967-7563

Date _____

Name _____

Address _____

City _____ State _____ Zip code _____

Phone(c) _____ (h) _____

Email _____

DOB _____ Occupation _____

Height _____ Weight _____

Who may I thank for this referral? _____

Have you had a professional Massage before? _____

Why are you here today? _____

Are you under any type of stress?

Do you make time daily to relax? If so what form of relaxation?

List all surgeries you have had to date:

Are you HIV positive? Y N or do you have any active viral infections?
Are you currently pregnant? Y N Due date: _____

Do you exercise regularly? What form of exercise and frequency?

What pharmaceutical or herbal medications are you currently taking?

Please list any further conditions not described on this form that I should know about.
Symptoms:

Massage Therapy is an adjunct in your healthcare, it is not meant to replace medical diagnosis or treatment. If any symptoms persist or become severe please contact your Primary Care Physician.

I clearly understand that payment in full is to be paid after the treatment.
Please give 24-hours notice for an appointment cancellation, or you will be charged in full.

I have read the above and understand your policies.

Signature _____ Date _____